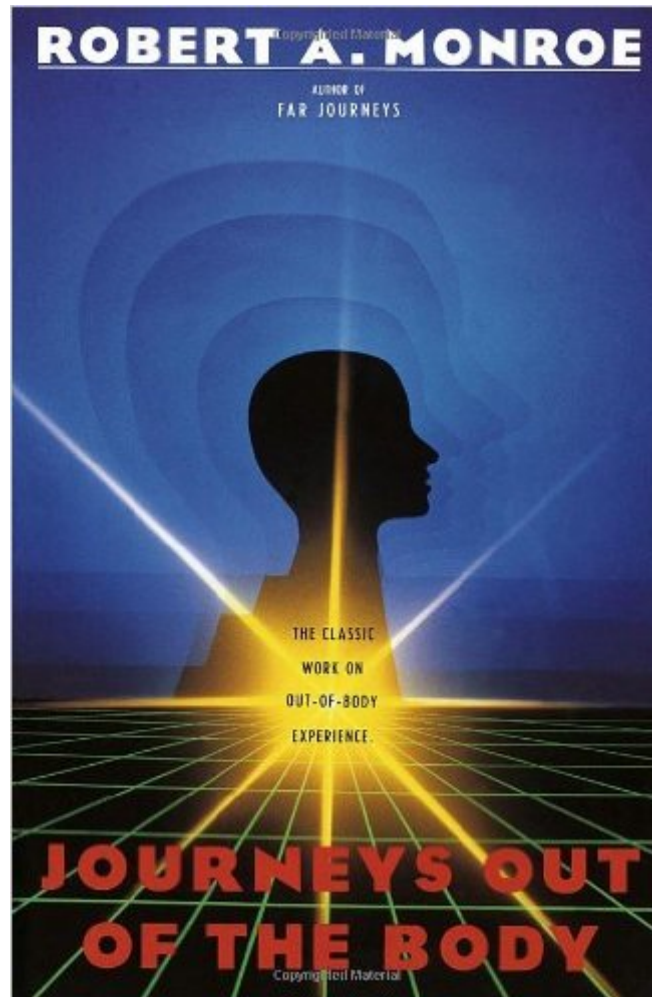


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Journeys Out Of The Body: The Classic Work On Out-of-Body Experience



Synopsis

With more than 300,000 copies sold to date, this is the definitive work on the extraordinary phenomenon of out-of-body experiences, by the founder of the internationally known Monroe Institute.

Book Information

Paperback: 280 pages

Publisher: Broadway Books; Updated edition (December 1, 1992)

Language: English

ISBN-10: 0385008619

ISBN-13: 978-0385008617

Product Dimensions: 5.4 x 0.7 x 8.2 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (154 customer reviews)

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Customer Reviews

I was only 17 years old when I first read this book, I had a keen interest in the occult from a very early age much to the dismay of my parents but was becoming rather disheartened with the whole thing, so many questions and very few if any, concrete answers. I am now 33 years old and still cannot forget the overall impact this book and it's author had on my life and my religious understanding. I found this book covered in dust in the back of a friends car 16 years ago and they said I could borrow it. I read it cover to cover, over and over again, it really fascinated me, there was defiantly something different about the way the author conveyed his experiences, somehow you new these things were really happening to him just as he described them and I suppose I must have willed my first out of body experience which started as a very normal dream. I stumbled and knocked my head in this dream which I suppose triggered something. Suddenly there was a very loud whistling and crackling sound in my ears and a rush of consciousness and I stood up in my dream more awake than I had ever felt before, everything that had been present in my dream was still there, buildings, streets and gardens, none of which I recognised. What the hell was going on? I remember the shire disbelief and shock that this was actually happening to me, I was wide awake in

a dream, conscious of all my faculties and able to make conscious decisions about where I would go and what I would do, although something attached to me from behind was definitely pulling me back as if I was wading through ink. I clearly remember looking down at the clothes I was wearing and then at my hands, I got really scared at that point because I thought I had died in my sleep.

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